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# SAFE'S WEBSITE ON STROKE PREVENTION NOW AVAILABLE IN FIVE MORE LANGUAGES



A useful repository for reliable and easy to use information on 10 modifiable stroke risk factors translated to Polish, Spanish, Portuguese, Russian and French.

**Brussels, 17/09/2019:** A SAFE-owned website on stroke prevention and modifiable stroke risk factors goes live today at [www.strokeprevention.info](http://www.strokeprevention.info) in five additional European languages: Polish, Spanish, Portuguese, Russian and French.

Increasing the number of languages on this website will allow greater accessibility of its content for millions of people who speak these languages, alongside the website's original language, English.

Around 17 million strokes occur worldwide each year, despite compelling evidence that it is a largely preventable condition. Stroke shares risk factors with other cardiovascular diseases (CVDs) and with many other non-infectious, or non-communicable diseases (NCDs). Addressing stroke risk factors requires both individual and society level interventions – addressing lifestyle and medical issues. This knowledge motivated SAFE to create the website [www.strokeprevention.info](http://www.strokeprevention.info). The aim of this website is to inform and inspire people to take individual interventions, such as giving up smoking or taking better control over their blood pressure and take an active role in preventing stroke.

Based on the INTERSTROKE study's findings, ten modifiable risk factors are responsible for 90% of strokes. This website collates all relevant information on the most common risk factors such as: hypertension, physical activity, diet, obesity, smoking, cholesterol, heart disease, alcohol, stress and diabetes. In addition to being written in a lay-friendly language, all website information is in a format appropriate for people with disabilities.

This website is developed and owned by Stroke Alliance for Europe (SAFE), which retains full editorial control over the content.

The original version of this website was originally launched in English in 2018 and was supported by an educational grant from Amgen. The translation into five European languages was enabled by Boehringer Ingelheim in 2019. SAFE is grateful to the generous supporters of its work, which enables important stroke prevention information to reach wider audiences.

## **About SAFE**

The Stroke Alliance for Europe (SAFE) a non-profit-making organization formed in 2004. It is the voice of stroke patients in Europe, representing a range of patient groups from 30 European countries. SAFE's goal is to decrease the number of

strokes in Europe by advocating for better prevention, access to adequate treatment, post-stroke care and rehabilitation.

For more information about SSOF and SAFE, please visit [www.safestroke.eu](http://www.safestroke.eu).

## Developed by



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## Supported by an educational grant from



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